



SWIM LESSONS

SESSIONS

Session 1: January 7 - February 11

Session 2: February 18 - March 25

Session 3: April 7 - May 12

PARENT/TOT

This is an introductory class that emphasizes the involvement of parents helping their child become more comfortable in and around water. The classes are led by a trained instructor and are designed to help parents teach their child how to swim. The student to teacher ratio is 5:1.

Sessions 1 & 2

Sundays - 11:15-11:45am

Session 3

Saturdays - 11:15-11:45am

Ages 2-4

\$44/Resident \$49/Non-Resident

GROUP

In this program, participants begin learning fundamental swimming skills, and ultimately, how to swim by themselves. On the first day of class, participants are placed in the most appropriate of six levels. Classes are progressive, and each level has a specific set of skills to achieve before moving on to the next. All classes are taught by trained staff with a student to teacher ratio of 5:1.

Sessions 1 & 2

Sundays - 11:55am - 12:25pm

Session 3

Saturdays - 11:55am - 12:25pm

Ages 5+

\$46/Resident \$51/Non-Resident

SEMI-PRIVATE

Individuals participating in this program are evaluated based on age/ability and then placed in a group with two other students. These lessons will start you off by learning the basic fundamentals of swimming and then progress onto more advanced skills. The student to teacher ratio is 3:1.

Sessions 1 & 2

Sundays - 12:35-1:05pm

Session 3

Saturdays - 12:35-1:05pm

Ages 3+

\$65/Resident \$75/Non-Resident

PRIVATE

Private lessons provide you with one-on-one attention from an instructor best matched to your needs. This program is designed for swimmers of all ages and abilities whether you are looking to overcome a fear of water or just improve your technique. These lessons are great for all and tailored just for you. The student to teacher ratio is 1:1.

Sessions 1 & 2

Sundays - 1:15-1:45pm

Session 3

Saturdays - 1:15-1:45pm

Ages 2+

\$86/Resident \$106/Non-Resident