

National Fitness Campaign – Springfield Park District Request to install Fitness Court at Comer Cox Park

- Springfield Park District Applied for a Grant as part of the 2022 National Fitness Campaign/IPRA Healthy Cities Campaign for funding towards a “Fitness Court®”

National Fitness Campaign – The Fitness Court®

Permanent installation and amenity to utilize for teen programming. Fitness Court® Cost \$140,000 - \$25,000 Grant Funds; remaining balance \$115,000.



- The Springfield Park District was awarded the grant, with the remainder of the court to still fund, we took the request to the City of Springfield as part of the proposal for our 2022 Comer Cox Park Teen Empowerment Zone Program.
- With the generous support of the National Fitness Campaign/IPRA, City of Springfield and the Park District’s contribution we are proposing to install this amazing Fitness Court feature in Comer Cox Park this year.
- The National Fitness Campaign did a feasibility study of several parks in the Springfield Park District, they studied City-Wide Council Distribution, Population Density, and an Equity Map. Out of the eight parks;

Comer Cox Park, Kiwanis Park, Enos Park, Dreamland Park, Iles Park, Washington Park, Lincoln Park, and Vredenburg Park.

They felt that Comer Cox Park was a great fit and met the Healthy Cities Campaign to place Fitness Courts[®] all around the U.S. in 2022 where they could serve equity, accessibility, and connectivity.

NFC Mission: Design Healthy Infrastructure for Cities to Improve the Quality of Life for People

- The Recreation Department is proposing the court go just east of the larger basketball court area and south of the splashpad/pavilion. The large “billboard” wall will face Martin Luther King Drive and serve as a marketing platform to showcase the partnership between the Park District, City of Springfield, and the surrounding community of Comer Cox Park. We are hoping to infuse local artist renderings along with the overarching message.
- The Fitness Court[®] not only provides a 21st Century design, that all exercises can be done without any additional equipment, but the Park District Recreation Department, along with the NFC Comprehensive Wellness Program/App – plan to organize classes, annual events, ambassador training opportunities at the new Fitness Court.