Multi-Use Trails
In Sangamon County, Illinois

Trail Jurisdictions

Interurban Trail
Springfield Park District
Chatham (for portions inside Chatham village limits)

Lost Bridge Trail
Springfield Park District
Rochester (for portions within Rochester village limits)

Sangamon Valley Trail
Sangamon County Highway Department

Wabash Trail
Springfield Park District

SSC RPC
Springfield-Sangamon County Regional Planning Commission
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A Guide to Trail Etiquette

- Stay to the right, unless passing slower trail users.
- Signal your presence when passing slower trail users (ex: “On your left”).
- Do not block the path. Move off the trail if stopping.
- Be careful at areas of reduced visibility, like corners and intersections.
- Travel at a reasonable rate at all times and slow down when passing other users.
- Higher speed users should yield to slower trail users.
- All dogs should be controlled by leash.
- Remove pet waste left on the path or surrounding areas.
- Do not leave trash on or along trail.
- Do not disturb wildlife or plants.
- Bicyclists should wear helmets and use lights in the dark.
- Yield to others when entering, crossing or turning on to trails.
- Be careful at road and trail crossings. Stop and look both ways.
- Trail users must yield to through traffic at intersections.
- No vehicles that utilize motorized power (gas or electric) allowed, except for those that assist persons with disabilities
- In the event of an emergency, call 911