

# Springfield Park District

## EISENHOWER POOL RULES

- Lifeguards are responsible for enforcing safety rules and responding to emergencies. Parents or guardians must supervise their children.
- Personal conduct within the pool facility must be such that the safety of self and others is not jeopardized.
- All patrons must wear clean lined swimsuits. Street clothes, cut offs, and spandex will not be permitted. Clean white T-shirts will only be allowed if proper swimming attire is worn underneath.
- All children not toilet-trained shall wear tight fitted rubber or plastic pants.
- Children under the age of 10 must be accompanied by a responsible paying adult 16 years of age or older.
- Children under 6 must have an adult 16 years of age or older within arm's reach at all times.
- Admission to the pool shall be refused to all persons having any infectious or communicable disease. Persons with open blisters, cuts, etc., of any kind also shall be refused admittance.
- The management reserves the right to refuse admittance to or eject from the pool premises, any person failing to comply with any of the listed health and safety regulations. The management also has the authority to implement and enforce rules that are more stringent or that supplement those listed here.
- Drugs and alcohol are not permitted on the Park District property. A person under the influence of drugs or alcohol or exhibiting erratic behavior will not be permitted in the pool area.
- Smoking and the use of tobacco products are not permitted in the building or pool area.
- U.S. Coast Guard approved life jackets will be allowed. No other flotation devices will be permitted. All children wearing flotation devices must remain within arm's reach of a swimming adult.
- No one should swim without lifeguard supervision.
- Safety equipment must be easily accessible; do not block with chairs, benches or any other objects.
- Glass containers are prohibited on pool deck and locker rooms.
- Soap or other materials that might create hazardous conditions shall not be permitted in the swimming pool or on the pool deck.
- Food, drink, or gum are NOT allowed; other than in designated areas.
- Dogs and other animals are not allowed in the pool area.
- Running, sliding, horseplay or excessive noise is prohibited in the pool area, showers or dressing rooms.
- NO throwing of any items/objects in the building; such as Frisbees, kick boards, pull buoys, etc.
- All persons are required to take a shower before entering the pool area.
- The pool water is not suitable for drinking. Avoid swallowing pool water.
- Spitting, spouting of water, blowing the nose or otherwise introducing contaminants into the pool is not permitted.
- Do not hang, sit, or stand on lane lines.
- No diving in the lap pool or jumping in backwards. Face the pool and jump in feet first only.
- Diving is allowed in diving well only.
- Please use ladders to exit the pool.

## DIVING WELL RULES

- Patrons must be able to swim 25 yards prior to being in the 12 foot deep section of the pool.
- Caution shall be exercised in the use of the diving well.
- One person on the diving board at a time.
- Do not jump from diving board until the previous swimmer is safely to the ladder.
- One bounce only on the diving board.
- Go straight off the diving board and swim to the nearest ladder.

***OBEY LIFEGUARDS AT ALL TIMES***